

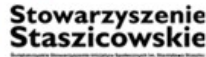


SimPRENA

Simulation 1 B

Role-play card 1

Paramedic 1 (Experienced paramedic) Role Card



SimPRENA

Nurse 1 (Experienced pramedic) Role Card

Character:

You are a senior nurse, experienced in de-escalating aggressive situations. You know that managing aggressive patients is a mix of empathy, communication and strategy.

Situation:

You are tasked with calming the aggressive patient to ensure the safety of another patient in the room and the staff. Signal Paramedic 2 discreetly to call security or the psychiatric team. Your goal is to de-escalate the situation and guide the patient outside, where a psychiatric team is waiting.

Key Behaviour:

Prioritize de-escalation, safety and teamwork. Look out for the verbal and the nonverbal cues of escalation. Keep a safe distance.

At the same time, try to understand what the patient is going through: mental illness, potential substance abuse and homelessness. All these things are making him vulnerable.

You know that arguing with his delusions will not help. Acknowledge his feelings, show concern. Suggest help like going out to get some fresh air.